

ORHS

Class of 2018



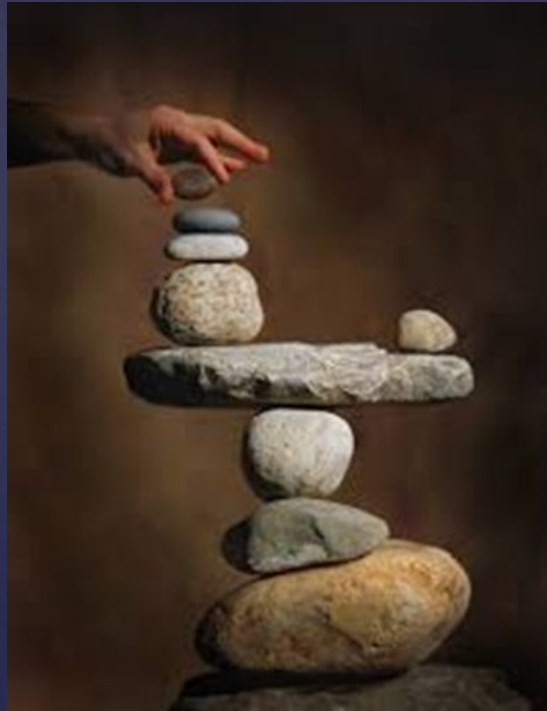
Welcome to Senior Year!

9/14/2017

Agenda

- Importance of Balance and Connection
- Tips & Reminders for Senior Year
 - Quick Reference Guide
- Review Post High School Options
- Upcoming Opportunities & Events
- Paying for College
- NAVIANCE

The Importance of “Balance”



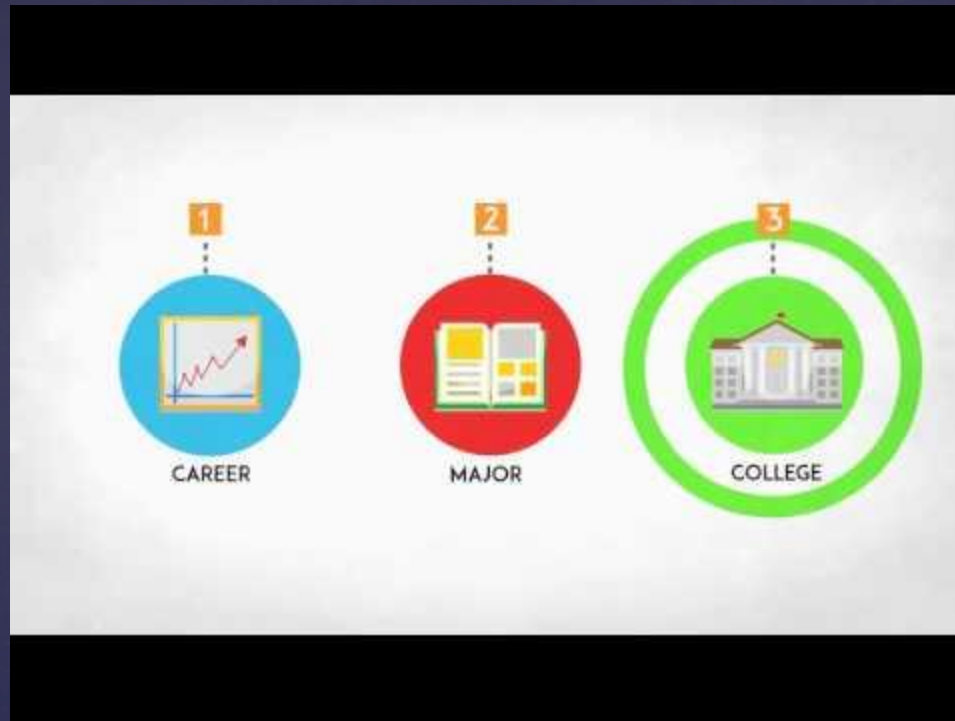
Post-Secondary Options

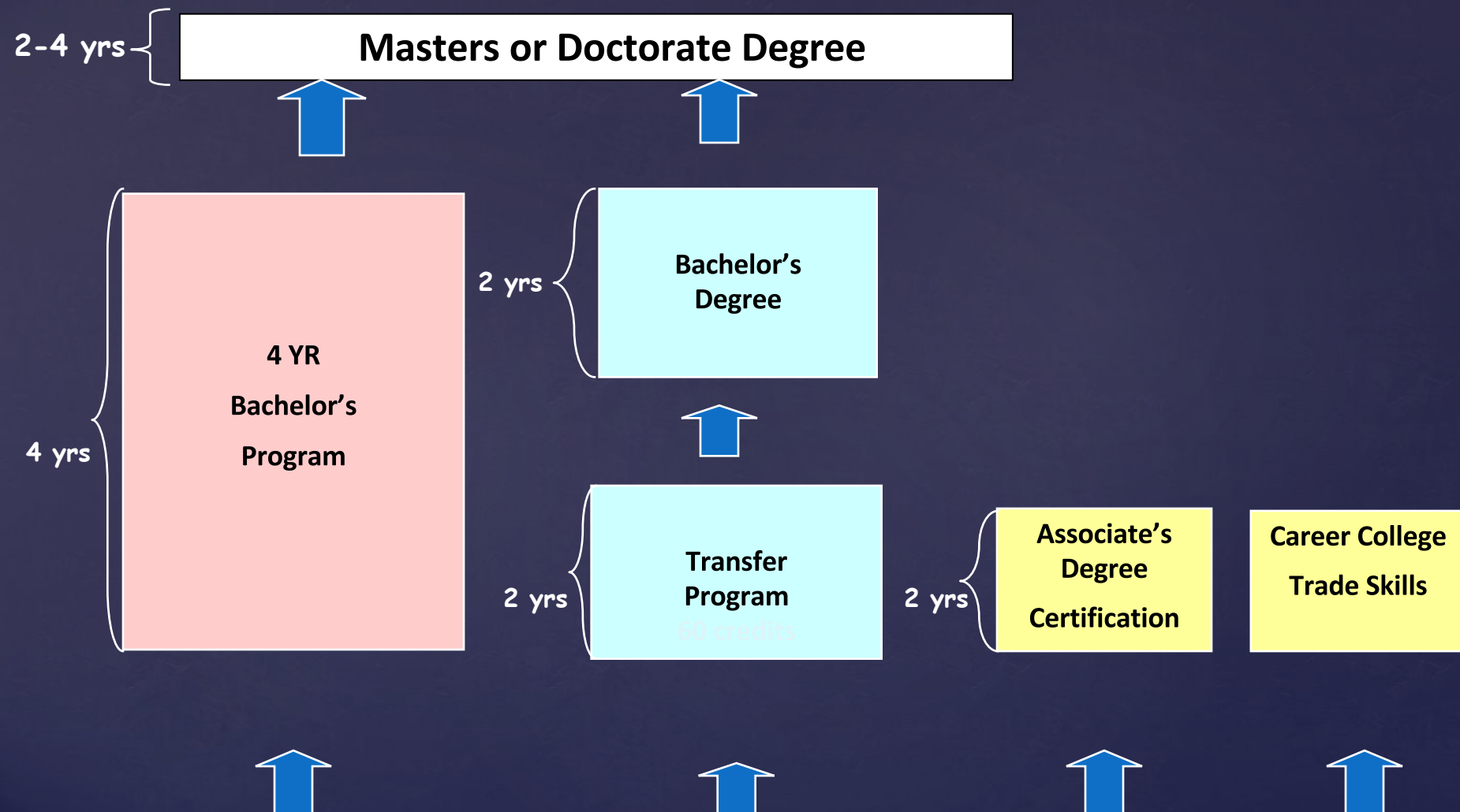


Employment
Career College
Gap Year
College (2 year and/or 4 year)
Military or Military Academy



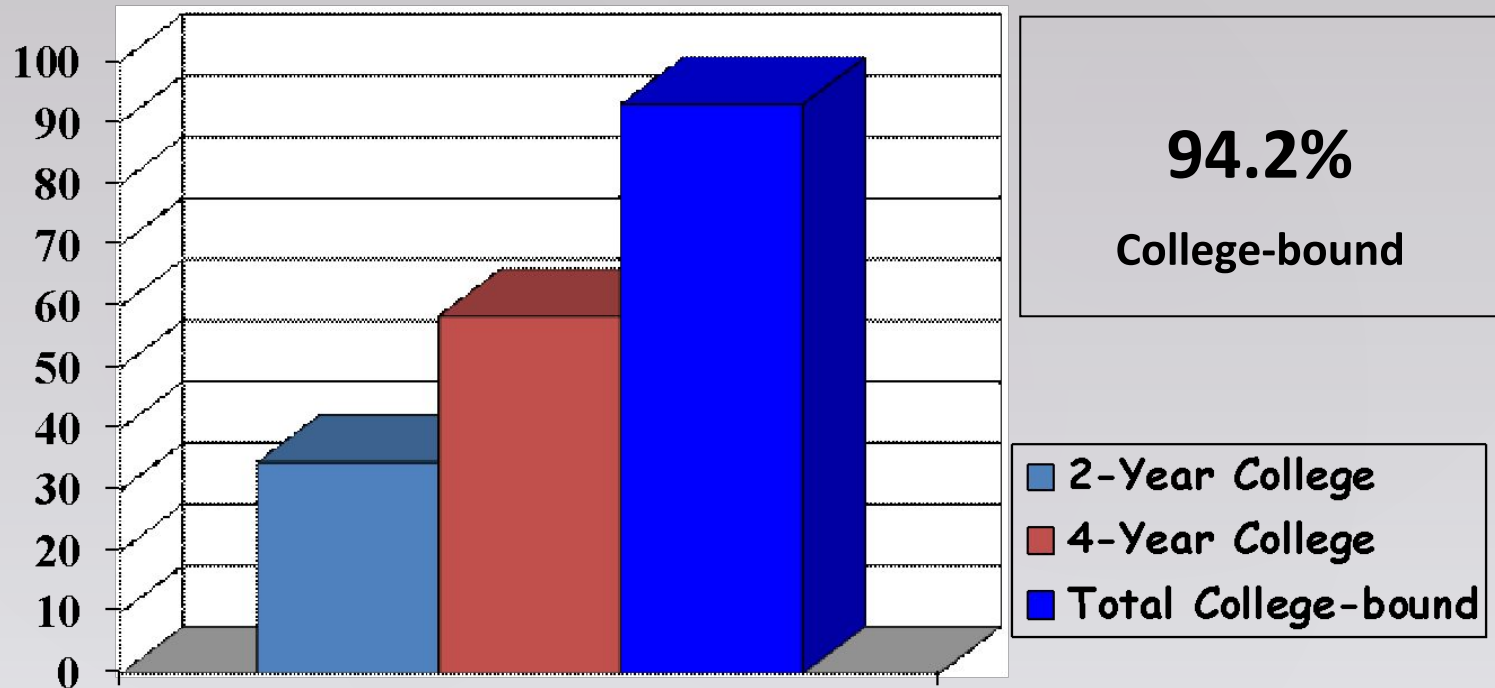
Begin with the END in mind...





Many ways to gain post-secondary skills

Oak Ridge Data for Class of 2017



58.5% to 4-Year College & 35.7% to 2-Year College

Application Timelines

College Type	Deadlines	Applications
Community College	Spring 2018	Online Application
Career Colleges	Spring 2018	Request
Military	Junior/Senior Year	Contact recruiter
CSU	Oct. 1 - Nov 30th	Online Application
UC	Nov. 1 - Nov 30th	Online Application
Private Colleges	Check with college	Request (Check Common App)
Out of State Colleges	Check with college	Request (Check Common App)



Folsom Lake College

Community & Career Colleges



Le Cordon Bleu

Community College

- 112 California Community Colleges
- Transfer to a 4-year college
 - Guarantee Transfer Program
- Associate Degree for Transfer (CSU)
- AA or AS Degree (2 years)
- Certificate Degree Program



*San Diego
Mesa College*



Certificate Programs (Los Rios CC District)

- Accounting
- Admin. of Justice
- Aeronautics
- Agriculture
- Architecture
- Art New Media
- Automotive Technology
- Biotechnology
- Building Inspection Tech
- Business
- Chemical Dependency Studies
- Communication
- Television Production
- Comp. Info Science
- Construction Management
- Cosmetology
- Culinary Arts
- Dental Assisting
- Design Technology
- Desktop Publishing
- Diesel Mechanics
- Digital Media
- Drafting Technology
- Early Childhood Ed
- Electronics Technology
- Electric Vehicles
- Emergency Medical Tech
- Environmental Design
- Fashion/Fashion Merchandising
- Fire Technology
- Geographic Information Systems
- Gerontology
- Graphic Communication
- Health InfoTechnology
- Horticulture
- Hospitality Management
- Interior Design
- Journalism
- Landscape Design
- Library Technology
- Management
- Marketing
- Mechanical Engineer Tech
- Medical Assisting
- Motorcycle Maintenance
- Music Production
- Nursing, LVN
- Nutrition
- Paramedic
- Phlebotomy
- Photography
- Railroad Operations
- Real Estate
- Restaurant Management
- Vet Tech
- Web Page
- Welding

College Connections @ FLC

Seniors! Are you committed to attending Folsom Lake College?
College Connections might be right for you!

- Tours
- Career / Major Planning
- Steps to Success
- Application Assistance
- Time management Skills
- Priority Registration



Sign up on the College Connections Interest Form!

Program subject to change.

Learn more...

- **College Fair**

Monday, October 2nd

Union Mine High School @ 6:30 PM



- **Folsom Lake College Information Night for Parents & Students**

Thursday, February 8th

Ponderosa High School @ 6:30 PM

- **FLC Application Workshop**

In February

Career Colleges/Programs

- **California Culinary Academy**
- **Academy of Art**
- **Art Institute**
- **FIDM (Fashion Institute of Design & Merchandising)**
- **Carrington College (formerly Western Career College)**
- **Universal Technical Institute**
- **Wyotech**



Military Options

- Enlist
- Recruiters on campus 1st & 3rd Tuesdays
- ROTC (programs in college)
 - Learn more on Oct. 4th @ Lunch
- Military Academies



ASVAB DATES @ ORHS

November 13, 2017

&

March 12, 2018

**Academy Information Night
Ponderosa High School**

**Thursday, Nov. 30th
6:30 – 8:00 PM**

California 4-Year Public Colleges



*San Diego State
University*

9/14/2017

CSU & UC Eligibility

Minimum Coursework (Pass with C or better)

- a) 2 years - Social Science
- b) 4 years – English (4 years recommended)
- c) 3 years – Math
- d) 2 years – Science with a Lab (3 years recommended)
- e) 2 years – Foreign Language (3 years recommended)
- f) 1 year – Visual and Performing Arts
- g) 1 year - Elective

California State Universities



California State Universities

Bakersfield

Channel Islands

Chico

Dominguez Hills

East Bay

Fresno

Fullerton

Humboldt

Long Beach

Los Angeles

Maritime Academy

Monterey Bay

Northridge

Pomona

Sacramento (local)

San Bernardino

San Diego

San Francisco

San Jose

Cal Poly San Luis
Obispo

San Marcos

Sonoma

Stanislaus

CAL STATE **APPLY**

Find your future at the California State University.
With 23 campuses and thousands of degree choices, the CSU is a great place to start your journey. Explore your options below, and start your application today.

[APPLY NOW](#)

Already started your application? [Sign in »](#)

[See Application Dates & Deadlines »](#)

Choose the type of student you are to learn more about how to apply to the CSU:

Freshman

Transfer

Graduate

International

**Teaching
Credential**

Choosing a Campus

Compare all 23 schools by size, location, activities and other criteria to find the campus that's the perfect fit for you.

[Explore Campuses](#)

Choosing a Degree

The CSU offers over 4,100 undergraduate and graduate degrees through classroom and online instruction.

[Explore Degrees](#)

Getting into the CSU

Wondering about admission requirements and the tests, grades and test scores you'll need to be admitted?

[Learn More](#)

Paying for College

Find out how much it costs to go to the CSU and how to apply for a variety of types of financial aid.

[See Your Options](#)

<https://www2.calstate.edu/apply>
Application window Oct 1-Nov 30

University of California

Davis

Berkeley

Santa Cruz

Santa Barbara

Irvine

Riverside

San Diego

Los Angeles

Merced



UC Admissions

- Coursework Other than A-G
- Educational Preparation Programs
- Volunteer and Community Service
- Work Experience
- Awards and Honors
- Extracurricular Activities
- 3.0 minimum GPA
- Personal Insight Questions
- SAT or ACT with Writing
 - UC uses the student's best score from one test date



UC Berkeley

How to apply

[Dates & deadlines](#)[Closed majors](#)[Apply online](#)[Personal insight questions](#)[Application fees](#)[After you apply](#)

About applying online

We strongly encourage you to take your time filling out the application.

Be sure to have all the information you need close at hand. Review your responses and check for accuracy.

Still, we know mistakes can happen. If after applying you discover an error, you [can make changes to your application](#).

What you'll need

It's a good idea to have everything prepared before you start your application so you're not trying to track down information at the last minute.

Here's what you'll need:

- › **Transcripts.** Don't submit your transcripts to UC at this point, but refer to them as you fill out the application to ensure the information you enter is accurate.*
- › **Test scores.** If you're a freshman or sophomore applicant, you'll have to include your scores from the ACT with Writing or

[Apply now](#) →

My UC Application

The fall 2018 application is now open.

The application for winter quarter/semester 2018 is still open for UC Merced and UC Santa Cruz.

[Log in or start your application](#) »

Some majors will be unavailable to certain applicants, so be sure to check our [list of closed majors](#) for this term.

Be a strong applicant

Review our tips for presenting yourself on the UC application:

admissions.universityofcalifornia.edu

Application window Nov 1-Nov 30*

*students can start working on application now

UC / CSU Admissions

University of California

9 Campuses

\$ 12,630 (tuition only per year)

\$34,700 (tuition, room & board, etc.)

SAT w/ Reasoning or ACT Plus Writing

Possible SAT subject test (by campus & major)

4 Personal Insight Questions

No Letters of Recommendation

Online Application

\$70 application fee per campus

California State University

23 Campuses

\$ 5,742 (tuition only per year)

\$17,000 (tuition, room & board)

SAT Reasoning or ACT

No Personal Statement

No Letters of Recommendation

Online Application

\$55 application fee per campus

**Refer to Senior Quick Reference Guide*

Subject to change

9/14/2017

Private Colleges



Pt. Loma Nazarene University

Private Universities (examples)

St. Mary's College

University of So. California

Santa Clara University

University of the Pacific

Application

Many private colleges use the Common App.

Check the college websites

Many private colleges have large endowments to help students finance their education.

9/14/2017

Plan Ahead

Explore Colleges

Virtual Counselor

How To Apply

Apply Now

The 2017-2018 Common App is now available.

We're here to help with college planning, applications, and beyond.

Create an Account

**More than 700 colleges.
Only one application.**

Find Colleges



View all colleges that accept the Common
Application ▶

DAVIDSON

www.commonapp.org

Deadlines vary - check with each college

Partial List of Private Colleges Oak Ridge Students Have Attended

Amherst
Azusa Pacific University
Babson
Brigham Young University
Brown
Columbia
Duke
Harvard
Harvey Mudd
Menlo College
MIT
North Carolina
Northwestern
Notre Dame De Namur
NYU
Occidental

Pepperdine
Pt. Loma Nazarene
Santa Clara University
Sarah Lawrence
St. Mary's College
Stanford University
University of Chicago
University of Pennsylvania
University of San Diego
University of San Francisco
University of Southern CA
University of the Pacific
Vassar
Westmont College
William Jessup University
Yale

Out-of-State Colleges



Utah State University

- Out-of-state tuition (usually more \$\$\$)
- Residency requirements vary
- Admission requirements and deadlines vary
- WUE (Western Undergraduate Exchange)
 - Tuition Reduction!!

Some restrictions may apply – check with the college

Examples of Colleges that Offer WUE Scholarship

- University of Nevada, Reno
- Boise State University
- Montana State University
- University of Colorado, Colorado Springs
- Northern Arizona University
- University of Utah
- Southern Oregon University



Montana State University

Learn More...

Attend the College Fair!

Monday, Oct. 2nd
Union Mine High School
6:30-8:30 PM



****Breakout sessions start at 5:30pm in the UMHS Theater****

5:30 Financial Aid Timeline

7:00 What is WUE?

7:45 UC/CSU Admissions

Visit Colleges this Fall

Check on the college websites
for

Open House/Preview Days and
Regional Information Sessions



9/14/2017

College Reps Visit ORHS

family connection

home | **courses** | **colleges** | careers | about me | my planner

search for colleges:

[MORE SEARCH OPTIONS >>](#)

resources
[test scores](#)

my colleges

- > [colleges I'm thinking about](#)
- > [colleges I'm applying to](#)
- > [letters of recommendation](#)

> [Upcoming college events](#)

Upcoming college visits

- 09/19/17 Boise State University [details »](#)
- 09/19/17 Rutgers University-New Brunswick [details »](#)
- 10/02/17 Portland State University [details »](#)

[view all upcoming college visits](#)

information sign up	Drexel University	9/19/17 10:25 AM	Career Center	2 (25 max)
information sign up	Chapman University	9/19/17 12:25 PM	Career Center	4 (25 max)
information sign up	University of Kansas	9/19/17 12:25 PM	Career Center	- (25 max)
information sign up	Westmont College	9/19/17 12:25 PM	Career Center	2 (25 max)
information sign up	Whittier College	9/19/17 12:25 PM	Career Center	- (25 max)
information sign up	Rutgers University-New Brunswick	9/19/17 2:20 PM		1
information sign up	The University of Oklahoma	9/20/17 10:25 AM	Career Center	- (25 max)
information sign up	Biola University	9/20/17 12:25 PM	Career Center	1 (25 max)



Don't Miss this!

College Essay Review Week

October 16th – 20th

- **On-the-Spot Admissions Essay Review**
- **Hosted by ORHS Reader, Ashley Tillman**
- **8:30 AM to 3:30 PM in the Career Center**

- **Drop in or make an appointment**
- **atillman@eduhsd.net**

College Application Workshops



- **Mondays, October 16th & October 23rd**
- **2:00 – 3:30 PM**
- **Sign-up in the Career Center to reserve a spot**
- **Work on your application alongside your peers**

Letters of Recommendation

- **Etiquette**
- **2-week notice**
- **Pick up the Letter of Recommendation form in the Career Center or online (CC website)**

Do I Send a Transcript with my Application?

Self-Report Grades for UC and CSU:

- Students will send a final transcript (end of senior year)
- Sometimes CSUs will ask for 7th semester grades, check your college web portal

Private Colleges:

- Most require transcripts at the time of application
- Your counselor will send a transcript through **Common App** and/or **Send Edu**
- Most require a Mid-Year Report which includes fall grades (your counselor will send)
- Check with each college

Check Your Application Status Online via College Web Portals

You need to set up access for
each college applied to with
a custom User Name and Password



This is how colleges will communicate with you!
Check your portal often!

***Keep a spreadsheet of usernames &
passwords for colleges in which you applied**

Attention Athletes!

Please be mindful of all requirements of the NCAA and/or NAIA Eligibility Center, such as:

- Core Course Requirements
- Transcripts and Test Scores



NCAA

www.ncaa.org

To submit test scores - **9999**

NAIA

www.playnaia.org

To submit test scores - **9876**

Learn More...

Attend this event with your parent(s)!

College Recruiting 101
Hosted by the NCSA

Oct. 25th
ORHS Gym
6:00 - 7:00 PM

Register online. FREE event!
Go to [ORHS website. Career Center - Upcoming Events](#)



CAUTION

Grounds for having an admission decision rescinded:

- Not sending transcripts (even if taken outside of the high school--online, community college, etc), when required
- Not completing all “a-g” requirements prior to graduation
- Withheld information
- Poor senior year academics
- Falsification of records
- Did not notify colleges regarding change of coursework
- Did not send “official SAT and/or ACT scores”
- Missing deadlines

College Entrance Tests

Fall ACT Test Dates

- October 28th
- December 9th *

REGISTER: act.org

Fall SAT Test Dates

- November 4th
- December 2nd *

REGISTER: collegeboard.org



*For practice tips or study guides,
stop by the Career Center or ask
your Counselor!*

Seniors - No later than Dec. 2017*

ATTENTION!

**Send Official SAT/ACT Test Scores
to ALL of the colleges you are applying to...**

Request Online: collegeboard.com / act.org

Save Money sending SAT & ACT Scores

UC

For Both SAT and ACT

All UC campuses will be able to
access your SAT/ACT scores if
you:

Send your SAT and ACT
scores to ONE UC Campus

CSU

For Only SAT

Send scores to **3594**
to access all the CSU campuses

Paying for College



9/14/2017

College-based Scholarships



Some colleges will award scholarships automatically, based on your admission application

Other colleges may require you submit supplemental materials and/or complete a specific scholarship application

Check each college website

Search for Freshman Scholarships

or contact the Scholarship Office

Community-based Scholarships



CALocalScholarships.org

"Locally given scholarships in your county"

- Check out the California Local Scholarship website www.callocalscholarships.org (Best place to find local scholarship opportunities!)
- Opt in to receive Career Center Text Message Reminders for 'Scholarships'
- **Learn More...** Attend one of the **Scholarship Basics Workshops**
👤 **December 5th or January 31st @ LUNCH**

FAFSA

(Free Application for
Federal Student Aid)



- Submit FAFSA beginning October 1
- Go to: fafsa.ed.gov
- STEP ONE: Sign-up for a FSA ID number
- Submit no later than March 2nd! (CAL GRANT DEADLINE)

Learn More about Financial Aid...



➤ College Fair

Monday, October 2nd

Union Mine High School

Arrive at 5:30 PM for the Financial Aid Breakout Session

➤ Joint Oak Ridge/Ponderosa Financial Aid Night

Thursday, October 19th

ORHS Theatre

6:30 PM

➤ Spring Career Unit for Seniors

Jan, 22nd & 23rd - Financial Aid, Scholarships, 2 & 4 Year College
Priorities

CAUTION

- In addition to the FAFSA and GPA Verification form, private colleges/some out of state colleges may need you to file the CSS Profile
- Deadlines vary – CSS Profile may be filed beginning October 1st. Check with your colleges and watch deadlines.
- File online at www.collegeboard.com

Examples of Colleges that require the CSS Profile

USC

Cal Tech

Yale

Cornell

Duke

Harvard

Brown

John Hopkins

MIT

Occidental

Santa Clara University

Texas Christian University

Claremont McKenna

Columbia

Dartmouth

Georgetown

Harvey Mudd

NYU

Pomona

Stanford

USF

Westmont

Communication

- Opt in to receive Text Message Reminders (Remind 101)
- Career Center Website
 - Click *Upcoming Events* for a list of activities
- Parent Square messages



Text Message Reminders

Stay in-the-know about:

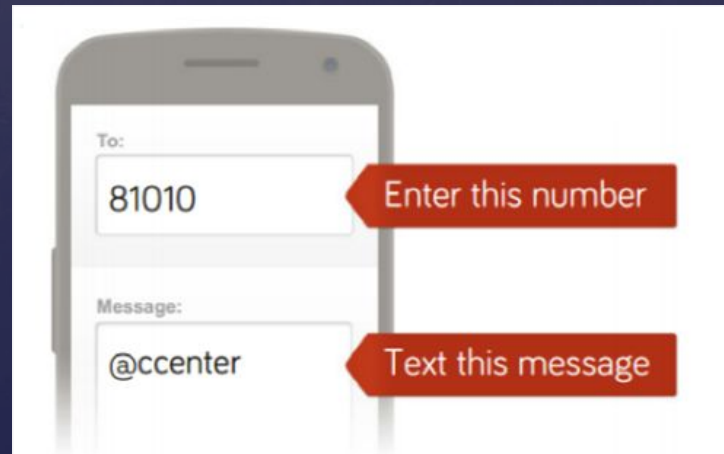
Career Center Opportunities
Community College
4 Year College
Alternatives to College
Job Board
Scholarships
Senior Year

Text To:

81010
81010
81010
81010
81010
81010
81010

Message:

@ccenter
@ccollege
@4yearco
@ugrad
@wantjob
@orhsrogers
@senioryear



Senior Upcoming Events / Opportunities

*Available online, in the
Counseling Office, and the
Career Center



2018/19

Senior: Post-Secondary and Career Planning

You are here! You are a senior! There is so much information available for you as you continue to think about what you'd like to do once you graduate! Here are some opportunities for you to take advantage of....visit, learn, think, listen and feel free to follow-up with our office if you have any additional questions once you've started on your planning.

- **September – October:** College Representatives from public / private as well as in-state / out-of-state universities will visit ORHS. Come by the Career Center for a complete list and to sign-up to attend.
- **EDUHSD / Regional College Fair Monday, October 2, 2017 @ 6:30-8:30pm @ Union Mine High School**
 - o Breakout sessions in Union Mine High School Theater: **FASFA Changes (5:30-6:30pm)**, **Community College Transfers (7:00-7:30pm)**, **UC and CSU Admissions (7:45-8:30pm)**
- **Senior Career Unit – Wednesday, September 27th and Thursday, September 28th** – Counselors to classrooms for a presentation regarding the following:
 - o Post-Secondary planning via Naviance:
 - Review of Resume and Career / Personality Assessments
 - College Planning Page (SuperMatch College Search, Colleges I'm Applying To)
 - o Applying to Colleges (SAT/ACT, Requirements, Deadlines, etc.)
 - o Upcoming Fall Events and Opportunities
- **Senior Career Unit Follow UP Q & A with ORHS Counselor Monday, Oct. 2nd, 2017 in Career Center @ lunch**
- **College Application Workshops Monday, October 16, 2017 and Monday, October 23, 2017 @ ORHS @ 2:00-3:30pm in the Career Center**
 - o Please save your space by signing up in the Career Center.
- **College Essay Week – On the spot College Admissions Essay Review Oct. 18-21 from 8:00am-3:00pm outside of the Career Center.**
- **Senior Parent Night – Wednesday, September 27, 2017 @ 7:15-8:15pm in the Theater,**
- **Financial Aid Night Thursday, Oct. 19th, 2017 @ 6:30-8:00pm at Ponderosa H.S. in the Theater**
- **Scholarship Basics Workshop in Career Center @ lunch**
 - o **Monday, November 28th, Monday, December 5th, Monday, December 12th**
 - o Please save your space by signing up in the Career Center.
- **Senior Career Unit - Monday, January 22nd and Tuesday, January 23rd, 2018– Counselors to classrooms for a presentation regarding the following:**
 - o Financial Aid / Scholarship / 2 year college and 4 year college priorities
- **Community College Informational Night Monday, February 5th @ 6:30-8:00pm @ PHS**
- **District Career Expo—Wednesday, March 14, 2018 @ 6:30-8:30pm @ Union Mine High School**
- **Senior Surveys – Week of April 23rd –April 27th, 2018 – to be facilitated in class. *Required for Senior Check-Out!**

Counselor Assignments

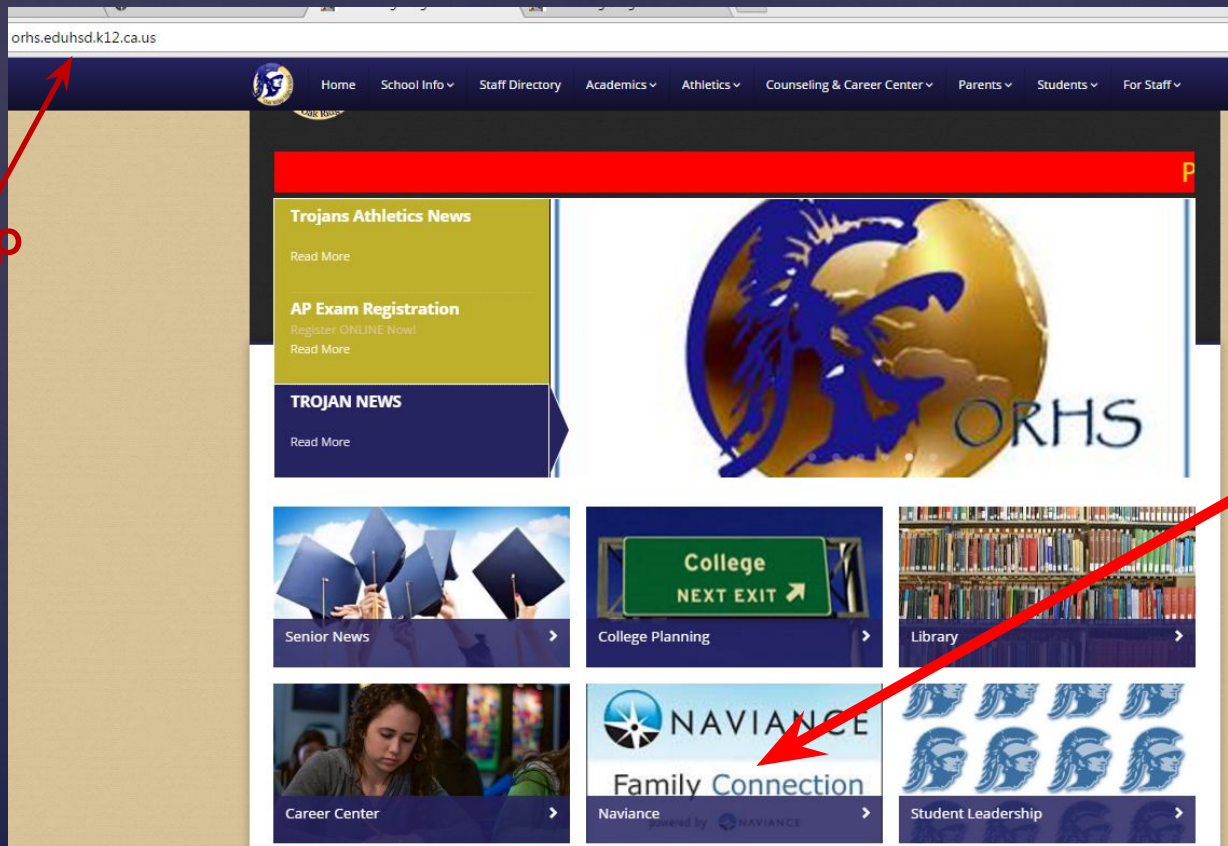
	<u>Last Name</u>	<u>Counselor Assignment</u>	<u>Extension</u>
➤	A – Ch	Jon Pratt	Ext. 3051
➤	Ci - Gr	Jill Howard	Ext. 3053
➤	Gu - K	Kim Cerutti	Ext. 3310
➤	L– Per	Jenisse Bovo	Ext. 3057
➤	Pet - Sn	Darsy Arburn	Ext. 3052
➤	So - Z	Mandy Fiedler	Ext. 3055

Email or Call (916) 933-6980 X 3050

info@eduhsd.net

Login to Naviance:

1. orhs.eduhsd.k12.ca.us
2. Select Naviance Link on homepage



Naviance Login:

- Username:

First four letters of last name + ORHS ID#
(Example: smit1234)

- Password:

First and last initials + last four digits of Permanent ID#
(Example js9876)

Formula is also indicated on the back of the student ID card.

Naviance Demonstration

- Review student “Profile” under “About Me” tab for past assessment results
- College Rep Visits under the “College” tab
- Conduct college searches via SuperMatch College Search under the “College” tab
- Identify “Colleges I’m Thinking About”
- Move Colleges to “Colleges I’m Applying To”
- Work on Resume under the “About Me” tab

Questions